

# ADHD: clearing misconceptions & giving hope

Best Health Option Acupuncture & Wellness  
is partnering with **Wellspring Life Counseling**,  
Stareen Troeger a Licensed Marriage and Family Therapist,  
Certified Family Life Educator to offer a free  
informational session on **ADHD**.

This will be an excellent opportunity to get more information, clear some common misconceptions and hear about some options that are available to you and your loved one who may be suffering with ADHD.

**Giving hope**, by introducing some holistic options  
to prescription drugs or traditional therapies.

**Saturday, June 2**  
10 am - 11 am  
at **Best Health Option**

**Please RSVP by**  
**Tuesday, May 29th**  
Snacks & beverages provided.



**BEST HEALTH OPTION**  
ACUPUNCTURE & WELLNESS

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